Kunstturnen Männer
Trainingsplanung 2 Hj. 2019

Stand: 20.08.2019 / Mei

AARGAUER TURNVERBAND

STV-Mitglie	Vorname	Nachname	Jg.	Verein	Kader Kantonal	Montag			Dienstag						Mittwoch						Donnerstag			Freitag			Samstag			hTotal
									Vormittag			Nachmittag			Vormittag			Nachmittag												
						Von	Bis	h	Von	Bis	h	Von	Bis	h	Von	Bis	h	Von	Bis	h	Von	Bis	h	Von	Bis	h	Von	Bis	h	
Magglingen																														
455881	Oliver	Hegi	1993	TV Lenzburg	Magglingen																									
455884	Christian	Baumann	1995	TV Lenzburg	Magglingen																									
588929	Noe	Seifert	1998	Satus ORO	Magglingen																									
Aargauer Kader Elite 1, Nikolay Maslennikov																														
570966	Luca	Giubellini	2003	STV Eien-Kleindöttingen	AK Elite1	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h				13.30 h	17.30 h	4.00 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	24.5
658548	Florian	Langenegger	2003	TV Schlossrued	AK Elite1	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	16.30 h	19.30 h	3.00 h				13.30 h	17.30 h	4.00 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	24.25
700235	Luca	Murabito	2003	Satus ORO	AK Elite1	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	16.30 h	19.30 h	3.00 h				13.30 h	17.30 h	4.00 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	24.25
Aargauer Kader Elite 2, Sergey Maslennikov																														
671123	Mario	Brand	2004	STV Merenschwand	AK Elite2	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h				13.30 h	17.30 h	4.00 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	24.5
594625	Matteo	Giubellini	2004	STV Eien-Kleindöttingen	AK Elite2	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h				13.30 h	17.30 h	4.00 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	24.5
610598	Gianluca	Hartmann	2005	TV Lenzburg	AK Elite2	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	8.30 h	10.15 h	1.45 h	13.30 h	17.00 h	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
853080	Paul	Peyer	2005	Satus ORO	AK Elite2	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	8.30 h	10.15 h	1.45 h	13.30 h	17.00 h	3.30 h	15.45 h	19.30 h	3.45 h	16.30 h	19.30 h	3.00 h	9.00 h	13.00 h	4.00 h	24.75
594624	Lukas	Ulrich	2005	STV Eien-Kleindöttingen	AK Elite2	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	8.30 h	10.15 h	1.45 h	13.30 h	17.00 h	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
912791	Samuel	Furter	2006	TV Lenzburg	AK Elite2	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	8.30 h	10.15 h	1.45 h	13.30 h	17.00 h	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
Aargauer Kader A, Nils Haller																														
969932	Hiroki	Gütiger	2008	TV Lenzburg	AK A	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	08:30	10:15	1.45 h	13:30	17:00	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
3018138	Loris	Marty	2008	TSV Rohrdorf	AK A	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	08:30	10:15	1.45 h	13:30	17:00	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
969928	Ben	Schumacher	2008	TV Lenzburg	AK A	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	08:30	10:15	1.45 h	13:30	17:00	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
3018133	Nando	Steger	2008	TSV Rohrdorf	AK A	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	08:30	10:15	1.45 h	13:30	17:00	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
969273	Florentin	Dora	2009	STV Merenschwand	AK A	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	08:30	10:15	1.45 h	13:30	17:00	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
993690	Elio	Giubellini	2009	STV Eien-Kleindöttingen	AK A	13.30 h	17.00 h	3.30 h	10.30 h	12.30 h	2.00 h	15.45 h	19.00 h	3.15 h	08:30	10:15	1.45 h	13:30	17:00	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	25.75
3062572	Davide	Krättli	2010	TSV Rohrdorf	AK A	13.30 h	17.00 h	3.30 h				15.45 h	19.00 h	3.15 h				13:30	17:00	3.30 h	15.45 h	19.30 h	3.45 h	15.30 h	19.30 h	4.00 h	9.00 h	13.00 h	4.00 h	22.00
Aargauer Kader B, Severin Rohrer																														
3132655	Andrin	Freund	2011	STV Merenschwand	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3303281	Nicola	Hunziker	2011	STV Schlussrued	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3134403	Quentin	Schleuniger	2011	STV Eien-Kleindöttingen	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3202087	Gabriel	Spiewok	2011	Satus ORO	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3157477	Ben	Görner	2012	Satus ORO	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3161228	Ratmir	Kolesnichenko	2012	TSV Rohrdorf	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3268281	Tobias	Messmann	2012	TV Lenzburg	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3268300	Elia	Palomba	2012	TV Lenzburg	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
3161284	Dario	Widmer	2012	TSV Rohrdorf	AK B	16.30 h	19.30 h	3.00 h				16.30 h	19.30 h	3.00 h													9.00 h	12.00 h	3.00 h	9.00 h
Aargauer Kader Kids, Patrick Waltisberg																														
3157471	Nevio	Diener	2012	Satus ORO	AK Kids																						9.00 h	12.00 h	3.00 h	3.00 h
3186410	Merxas	Kursun	2012	STV Eien-Kleindöttingen	AK Kids																						9.00 h	12.00 h	3.00 h	3.00 h
3324601	Alessio	Bottani	2013	TV Sulz	AK Kids																						9.00 h	12.00 h	3.00 h	3.00 h
3305866	Fabian	Bucher	2013	TV Lenzburg	AK Kids																						9.00 h	12.00 h	3.00 h	3.00 h
3251125	James	Müller	2013	STV Merenschwand	AK Kids																						9.00 h	12.00 h	3.00 h	3.00 h
3278595	Raffael	Wehrli	2013	TSV Rohrdorf	AK Kids																						9.00 h	12.00 h	3.00 h	3.00 h
3268275	Lazar	Jeanmaire	2014	TV Lenzburg	AK Kids																						9.00 h	12.00 h	3.00 h	3.00 h
Amateur Kader, Michael Meier (Nico Neeser am Mittwoch)						Michael Meier												Nico Neeser			Michael Meier									
949735	Dario	Brühlmann	1996	TV Lenzburg	AMK	19:00	21:30	2.30 h													19:00	21:30	2.30 h							5.00 h
457402	Timo	Schneider	1996	TV Lenzburg	AMK	19:00	21:30	2.30 h													19:00	21:30	2.30 h							5.00 h
593675	Manuel	Schmid	1997	STV Dottikon	AMK	19:00	21:30	2.30 h													19:00	21:30	2.30 h							5.00 h
714318	Cédric	Pfäffli	1998	STV Merenschwand	AMK	19:00	21:30	2.30 h													19:00	21:30	2.30 h							5.00 h
588933	Nico	Neeser	1999	TV Schlossrued	AMK	19:00	21:30	2.30 h													15.45 h	19.30 h	3.45 h							6.15 h
570974	Samuel	Wällisch	2000	STV Eien-Kleindöttingen	AMK	18:00	20:30	2.30 h										17.00 h	19.30 h	2.30 h	18.00 h	20.30 h	2.30 h							5.00 h
653674	Luis	Harder	2004	TSV Rohrdorf	AMK	18:30	21:00	2.30 h										16.30 h	19.30 h	3.00 h	18:30	21:30	3.00 h							8.30 h
703576	Maurice	Walter	2004	TV Lenzburg	AMK	18:30	21:00	2.30 h										18.00 h	20.00 h	2.00 h	18:30	21:30	3.00 h							7.30 h
836108	Elia	Wettstein	2004	TSV Rohrdorf	AMK	18:30	21:00	2.30 h										16.30 h	19.30 h	3.00 h	18:30	21:30	3.00 h							8.30 h
erweitertes Aargauer Kader A, Michael Meier (Nico Neeser am Mittwoch)						Michael Meier												Nico Neeser			Michael Meier									
905987	Severin	Ender	2006	TSV Rohrdorf	E-AK A	18:30	21:00	2.30 h										16.30 h	19.30 h	3.00 h	18:30	21:30	3.00 h							8.30 h
erweitertes Aargauer Kader B, Nico Neeser																														
3018097	Jonathan	Schegg	2008	Satus ORO	E-AK B													16.30 h	19.30 h	3.00 h										3.00 h
3018144	Linus	Ender	2009	TSV Rohrdorf	E-AK B													16.30 h	19.30 h	3.00 h										3.00 h